



*Liverpool Road
Methodist Church*

Weekly Notices

Minister: Rev Patrick Evans

Tel: 07813 211501

Email: patrick.evans@methodist.org.uk



21st May 2023

10.45am Service led by Rev Francis Neil - Church Anniversary

28th May - 10.45am Communion & Healing Service led by Rev Patrick Evans

- 6.30pm Fellowship Time led by Andy Trimble

Mission Statement

Liverpool Road Methodist Church exists to proclaim the Lord Jesus Christ, through whom the people of Birkdale and beyond can come to know God and grow in his love.

Lectioary Readings 21st May 2023

Acts 1.6-14; Psalm 68.1-10,32-35; 1 Peter 4.12-14; 5.6-11; John 17.1-11

Prayer

Lord of Hosts, purify our hearts that the King of Glory may come in, even your Son, Jesus our Redeemer; for he is alive and reigns with you, in the unity of the Holy Spirit, One God, now and for ever. Amen.



Circuit Choir

As you may be aware there is a circuit service on 18th June and so we are getting together a circuit choir for the occasion. The rehearsals will be on a Tuesday afternoon from 2.00-3.00 at Ainsdale Methodist Church when we will learn two or three items to contribute to the service. If you are interested in joining could you please let me know on cerimusic@hotmail.co.uk. I look forward to hearing from you so that we can make a joyful noise to the Lord!

With best wishes Ceri Williams.

Fona

Thursdays 9.15am. All welcome.



Bible Study

Mondays 7pm in the New Room.



Door Temporarily Closed

Due to essential maintenance to the North Tower on the church being identified, access to one of the front entrance doors and part of the vestibule will be restricted temporarily. Please enter the church by the front door nearer Sandon Road, or the rear entrances as usual.

Thank you
Leadership Team



Everyone is invited to join this
seven session course at Leyland
Road

beginning on Monday 5th June
with a simple lunch at 12.30
(shared with visitors to Welcome
Space) and then the group
session will run from 1pm-
2.30pm. The final session will be
Monday 17th July.

If you would like to book onto the
course please email Lucy on
lucy@southportmethodist.org.uk
or ring 01704 536648 (leave a
message).

If you would like to just come for
1pm and not have lunch
beforehand that's ok.



Birkdale Prayer Meeting

The next Birkdale Churches Prayer
meeting will be held on Monday
5th June at the station masters
house in Birkdale Village starting at
10am.

Food Pantry

Thank you so much for your
continuing support to supply
goods for the food pantry.
In short supply at the moment are:
boxes of biscuits, large bags of
pasta & shower gels.



Ecumenical Prayer Meeting

7.30am Tuesdays in May at
Shoreline Church.



Flowers

Our flowers this week have been
provided by Church funds.



Church Notices

If you have any items you want
including in the notices please let
Lucy Lloyd know on 01704 536648
or lucy@southportmethodist.org.uk.

Dear Friends

Accompanying me on my recent bike ride was a friend who was ten years older than me and who eighteen months ago had a hip replacement. He cycled like a machine. We cycled for fourteen days with one rest day. I warned my friend of the physical and mental impact the ride would have. As the days pass your world closes in with the sole focus of your existence being on crossing the finishing line. And once completed there is a loss of purpose, an emptiness and disorientation. My friend is a hardy character and he had totally underestimated the impact the experience would have on his head. Towards the end of our journey he asked if he was making sense anymore, we would both struggle to find the right words when conversing, and our memories for the days that had past were confused.

Much of this was driven by cumulative tiredness.

This week has been Mental Health Awareness Week. It reminds me that I need to be aware of my own mental health, along with that of those around me. What makes for good and poor mental health? There have been two programmes that I have found especially helpful this week. On Radio 4 there was "Is Psychiatry Working? Anxiety: why do we have it, and how can we control it?" (<https://www.bbc.co.uk/sounds/play/m001mdn8>). On BBC1

there was "Matt Willis: Fighting addiction"

(<https://www.bbc.co.uk/iplayer/episode/m001m0jq/matt-willis-fighting-addiction>). I commend both programmes to you. In the Matt Willis programme he goes back to a rehabilitation centre that helped him to become clean. With some of the current clients who were fighting addiction, at the end of their talking therapy session he was invited to lead them as they shared the serenity prayer.

God, grant me the serenity to accept the things I cannot change,

The courage to change the things I can,

And wisdom to know the difference.

May we, with God's help, support one another as we seek good mental health.

God bless

Patrick